

## *A perfect day in paradise with our Spa*

*Rituals from around the globe, Asia and Bali... from our island, from our heart.  
Escape the limits of time, immerse yourself, rejoice and achieve total relaxation in  
the most beautiful environment.*

### **Balinese Journey of Joy – Couples rituals (2hours)**

**Single 1100**

**Couples 2000**

This ritual begins with

Samaya foot ritual to enhance your foot wash

Aroma warm oil massage with petal roses

Green Tea body scrub to leaves your skin soft and silky

Green Tea body mask which promotes and re-generation your skin

White roses Milk bath while enjoyed tea ceremony

Samaya body lotion to moisture your skin

### **Balinese Eternal Bliss – rituals/Samaya Perfect Day (2hours 30minute)**

**Single 1300**

**Couples 2300**

This ritual begins with

Samaya foot ritual to enhance your foot wash

Aroma warm oil massage with petal roses

Choice of Royal Javanese Lulur or Balinese Boreh hot spicy body mask

Tea ceremony while enjoyed Jacuzzi with aroma of milk bath

Fresh Traditional facial

Samaya body lotion to moisture your skin

### **Balinese Energizing – rituals (3hours)**

**Single 1500**

**Couples 2600**

This ritual begins with

Samaya foot ritual to enhance your foot wash

Aroma hot stone massage

Scalp massage with traditional coconut jasmine oil

Balinese Boreh hot spicy body mask

Warm herbal in slice of lemongrass bath completely relax your mind

Fresh traditional facial

Samaya body lotion to moisture your skin

### **Couples in Romance package/Rama and Shita packages (4hours)**

**1990/person**

Samaya foot ritual to enhance your foot wash

Strawberry or chocolate body scrub

Decleor aromatic relax massage

Milk Jacuzzi with tea ceremony

Samaya body lotion

Decleor Facial

Spa Manicure or Spa Pedicure.

### **Rituals of touch**

*Far more than a massage...more like a ceremony of indulgence for seeking total relaxation.*

#### **Balinese Massage**

**60 minutes 550**

**90 minutes 825**

Used for centuries to renew, strengthen and heal the body, this traditional Balinese therapy combines stretching, long strokes, skin rolling, and palm and thumb pressure techniques commonly used in village massage. A flowing and graceful massage to relieve tension, improve blood flow and ease stress.

#### **Samaya Four Hand Massage**

**60 minutes 750**

**90 minutes 1100**

Two therapists, one massage! This treatment is like no other! Four hands working together in perfect harmony using a unique blend of five different massage styles – Japanese Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. A sublime experience!

**Decleor Massage****60 minutes 650****90 minutes 900**

A classic European massage technique of manipulating muscles with the use of Decleor's own aromatic RELAX massage balm harnessing the powers of 100% essential oils. Using sandalwood, lavender and myrrh to ease tension and relax! This full body massage flows with rhythmic grace and is both powerful and gentle, relaxing and invigorating, and inspiring and soothing. As well as being tonic for the soul, it can help to improve functioning of the circulatory, lymphatic, muscular and nervous systems.

**Aroma Hot Stone Therapy****60 minutes 600****90 minutes 900**

A treatment not to be missed! This therapeutic and relaxing treatment is designed to relieve stiffness and soreness, and restore energy and balance. Smooth, warmed river rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles, and has a soothing and comforting effect on your emotions. Simultaneously, other rocks are placed on the body, the heat penetrating deep within the muscles to melt away tension and restore balance.

**Shiatsu Massage****60 minutes 500****90 minutes 800**

Massage derived from ancient Japan – this non oil massage is excellent for relieving stress and sore muscles! Using finger, thumb and elbow pressure, this massage alleviates muscle fatigue and tension!

**Samaya Back & Neck Mssg****60 minutes 500**

Many people store their stress along their shoulders and upper back! This restorative therapy focuses on your back area, neck and shoulders to relieve this stress and tension! Incredible!

**Scalp massage****45minute 375**

Hydrate and nourish your hair and scalp with coconut oil and extract of jasmine in warm oil. Designed to relax the mind, reduction in stress, headaches and boost in blood flow stimulation. Just amazing!

**Reflexology****60 minutes 500**

An ancient healing therapy that is as blissful as it is beneficial. Reflexology works on the principle that all body organs are connected to reflex points in the feet's, via constantly flowing energy channels. Massage of the feet's reflex points can restore the natural flow of body energy, and so improve the body's health functioning.

**Aroma Warm Oil Massage****60 minutes 550****90 minutes 825**

A luxurious massage using bunches of fresh tropical flower petals and the most exquisite imported essential oils! This treatment is a one of a kind and delivers all that it promises! Try it! It is not to be missed! Built up stress is gently soothed away and muscle fatigue alleviated!

**Ceremony of the face**

Results orientated facials that will leave your skin feeling younger, brighter and more fresh. Close your eyes, and let the power of Decleor speak for itself.

**75 minutes 900**

NUTRITION/ Dry Skin – skin food! A complete “meal” for dry skin, leaving it replenished, soft and supple.

PURENESS/ Combination & oily skin – this purifying program significantly improves the appearance of your skin leaving it pure, clear and with a matt finish.

INTENSE/ Mature skin – with the special lift program, your skin is left feeling revitalized, smooth and visibly more toned.

## *Pevonía Botanica*

### **Pure Essential Facial**

#### **60 minute 900**

A true balancing facial spa experience using pure organic aromatherapy elixirs & botanical actives to purify, balance & renew the skin, leaving it more youthful, energized and regenerated. This complete facial treatment is personally customized for individual skin types.

**Sevactive** for dry skin - rose, jasmine, ylang ylang, and chamomile

**Lavandou** for sensitive skin - French rose, neroli, lavender, and chamomile

**Fundamental** for combination skin - sandalwood, mandarin, grapefruit, rosemary, lemongrass.

### **Rejuvenating-anti aging body massage**

#### **60 minute 650**

*Anti-aging, improves skin elasticity, youthful & supple skin*

This exquisite nourishing and repairing body massage counteracts premature aging by delivering wrinkle-smoothing and rejuvenating benefits. Enriched with a high content of Shea Butter, Vitamin A, vitamin E. It renders the skin firm and youthful supple.

### **Samaya' Escape**

#### **90 minute 990**

Fruity Salt mousse mango passion fruit body scrub then continuing by anti - aging body massage.

A luxurious anti-aging body pampering to restore youthful and supple skin, and deliver divine aroma sensory experience of tropical fruits. Deeply nourishing and repairing, give your skin a phenomenal youthful smooth and firm.

### **Saltmouse Mango Passion Fruit Body scrub**

#### **30 minute 300**

A luxurious anti aging body scrub with fruity tropical mango passion fruit, youthful and smooth your skin.

## Traditional facial

### **60 minute 500**

Merging modern techniques with ancient Asian beauty rituals, our facials create a lasting impression and instant benefits. Our traditional facials both indulge the senses and feed the skin using nature's abundance of products combined with exquisite local facial products.

## Spa Treatment For Junior Guest

*(For Junior guest 4-10 years old)*

### **Mini facial ( 30minute)**

#### **250**

Refreshing and soothing. This facial includes thorough cleansing with creamy yogurt. Your face is cleansed by aloe vera followed by blissful massage using yogurt and sweet almond, nutrition of honey milk mask and ending by fresh cucumber.

### **Comfort massage (30minute)**

#### **250**

This treatment begins with samaya foot ritual, followed by gentle relaxing massage. Totally relaxing massage.

### **Fancy nails**

#### **200**

Cleansing of nail polish

End by fancy polish or traditional nail art.

## WAXING

Smooth, hairless skin achieved with maximum comfort...smoothing blend of cream for less sensitivity

### **FEMALE/MALE**

Half Leg 300

Full Leg 450

Under arm 150

Back 300

Bikini 300

## Melting moments

*Delving deeper to melt away tension and pave the way for profound relaxation through Ayurvedic treatments an inspiration from India.*

### **ShiroDhara**

#### **60minute 600**

This Indian Ayurvedic oil flow treatment focuses on the third eye area to clear the mind and promote deep relaxation, acting as a gateway to total rejuvenation and relaxation for the entire body. Begin with deeply relaxing Ayurvedic stretching, followed by the Dhara oil flow therapy. For twenty minutes, a gentle stream of warm, aromatic oil is poured onto the third eye chakra of the forehead. An uplifting and inspiring way to relax and rejuvenate.

### **Abhyanga**

#### **60minutes 550**

A rhythmic oil massage with warm herbal oils. Impurities and toxins are released from the body. Circulation is stimulated with a deep calming experience for the body, mind and spirit.

### **Best of Ayurveda**

#### **90minutes 990**

An hour of rhythmic oil massage using warm herbal oils followed with 30 minutes of shirodhara oil flow for deep relaxation of body, mind and spirit.

## Hand & Foot Care

*Take your hands and feet on a relaxing and nourishing retreat while hearing sounds of water and your heart and soul will lead you to cloud nine*

**Tropical Spa Manicure** 450

Joy for your nails- using

Creative Nails & OPI Products from the USA.

~Nail Art for 1 finger

~Polish Change for Fingers or Toes 150

~French Polish Supplement 50

**Tropical Spa Pedicure** 500

A pampering foot treatment to soften your feet and mellow

Your mood using Creative Nails Products & OPI & Revlon

## *Thai Holistic Retreat*

### **Herbal Compress Sensation**

**90minute**

**950**

Warm combination of oil-free massage and traditional herbs compress to stimulate blood circulation, fatigue recovery improve immune system, relaxing emotion and mind.

## *How to spa*

### **Should I Make A Reservation For My Treatments?**

Yes, and it is best to do so soon after your arrival so that we can accommodate your schedule. To make your reservation, either phone or visit the Spa.

### **What If I Need To Cancel My Reservation?**

We hope you do not have to cancel; however, we understand that plans can change. If you do need to cancel, please contact us at least two hours in advance. Reservations cancelled with less than two hours notice will be subject to full charge. If you simply need to change your reservation to another time, please contact us as soon as you can so that we may accommodate your request.

### **What Should I Wear?**

This is your time and we want you to enjoy it, so wear whatever is most comfortable for you. We will provide you with a robe and slippers when you arrive at the spa. During treatments, our therapists are trained to drape you appropriately.

### **When Should I Arrive?**

We suggest you arrive 15 minutes before your scheduled time. This allows sufficient time for you to check in, change and begin to enjoy your spa experience. Please understand that your treatments will end on time so as not to inconvenience the next guests.

### **Should Men Shave Before A Facial?**

Yes, for best results we recommend that men shave a few hours before their facial.

**Can I Bring My Valuables?**

We suggest that you leave all your valuables in the safe deposit box provided in your guest room. Whilst we endeavour to look after your belongings, we do not assume liability for any valuables.

**How Can I Ensure A Wonderful Spa Experience?**

Communicate with us! Please feel free to discuss your requests with our Spa Manager and with your therapist to identify areas of concern or focus.

**Bringing the spa to you**

While we always ensure your total privacy and discretion at the spa, we understand that sometimes you just want to relax in your room. So that you don't miss out on the nurturing, we'll be happy to send one of our massage therapists to your room.

*All treatments and services are automatically subject to a 11% Government tax and 10% service charge. Price are in thousands of rupiah.*

**Opening Hours – 9am to 10pm**

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