

HOT & COLD

freshly squeezed juices

orange, watermelon, pineapple, banana, papaya, apple, carrot or mixed tropical fruit

smoothie or lassi

blend of fresh fruit with honey, yoghurt, fresh milk
select your fruit, banana, passion fruit, strawberry, mango, pineapple

teas selection

English breakfast, earl grey, darjeeling, lemon & ginger,
camomile tea, green sencha, green jasmine, peppermint tea
ice tea

organic fresh tea

ginger, lemon, lemongrass

hot or cold milk

hot or cold chocolate

coffee selections

fresh brewed or decaffeinated coffee
cappuccino, café latte, macchiato, espresso
ice coffee

samaya healthy

blended fresh organic green juice with honey and lime

warm from the bakers oven

baguette, whole meal toast, croissant, daily danish, daily muffin, cheese puff
with condiment unsalted butter, honey, daily homemade jam

cold cut

Italian; ham, prosciutto crudo, salami nostrano
Asian; smoke marlin, white chicken, prawn

smoked Tasmanian salmon

wheat free muesli

dried fruit, honey banana yoghurt

bedugul fresh strawberries

fruit salad

mixed tropical fruits with orange juice

cheese of the day

WORLDLY

Indonesian breakfast

tropical fruit, fruit juice, coffee or tea
choice of nasi or mie goreng - wok fried rice or noodles, vegetable
fried egg, crackers
or
bubur ayam-rice porridge, chicken, egg, tomato, fried shallot, sauce

American breakfast

freshly squeezed juice, bakery selection, preserves honey, jam and butter
egg any style- boiled, omelette, scrambled, fried egg and tea or coffee

The Samaya "Japanese Style" breakfast

grilled Tasmanian salmon, omelette, miso soup, pickle
wakame, steamed rice, salad, fruits and Japanese tea

Continental breakfast

freshly squeezed juice, tropical fruit, bakery selection, platter of salami, ham, prosciutto
and tea or coffee

LEAFS

rucolla & dried tomato salad

parmesan, balsamic dressing

mix green salad

parmesan lemon vinaigrette

ALTERNATIVES

smoked salmon scrambled

crispy puff, scrambled egg, smoked salmon, dill

eggs benedict

English muffin, poached egg, back bacon, asparagus, hollandaise sauce

burrito

egg, bacon, tomato, spring onion, mushroom, sausage, cheese, tortilla, salsa

pancake

banana, strawberry, pineapple, purple sweet potato, maple syrup

french toast

pan-frying toast, egg, milk, sugar, cinnamon, syrup

fluffy eggs omelette

ham, asparagus, mushroom, onion, tomato and cheese

poached egg

English muffin, potato hash, mushroom & tomatoes

ham cheese croissant

a sandwich of cheddar cheese, ham, potato- mayonnaise



quiche

spinach, mushroom, feta cheese, tomato, garlic, onion, mix green salad

SIDE ORDERS

sauté mushroom

grilled tomato

sauté asparagus

potatoes hash

chicken sausage

crispy bacon

LIGHT 'N HEALTHY

egg white omelette

mushroom, spinach, onion, asparagus

sautéed vegetables

grilled tomato, potatoes hash and olive oil

yoghurt, mango, strawberry

tropical fruit plate

cereals

rice krispies, corn flake, coco pops,
all brand served with choice of fresh milk, soya milk, skimmed milk,
mango or strawberry yoghurt